

Reflecting on Our New Name

It is an exciting time for us, as we embark on the next chapter in our history.

On February 27, 2018, we officially announced a new identity for our organization—one that better represents our increasing size and the expanding scope of our offerings. Previously known as Golden Slipper Center for Seniors, we are now **Golden Slipper Gems!**



It was in 1995 that Golden Slipper Center for Seniors was first established. At the time, our organization had a singular goal—to serve the senior community living at The Pavilion in Philadelphia's Wynnefield Heights section. While we continue to provide essential programs and services for Pavilion residents, our reach has grown substantially.

Today, we have eight locations, including here on the Main Line at Adath Israel. Six additional sites can be found within the residences at Federation Housing in Bucks County, Montgomery County and Northeast Philadelphia. No longer are we one center, but a much larger organization serving a diverse population of older adults across the Greater Philadelphia Region.

We chose our new name, Golden Slipper Gems, because the word “gems” holds so much meaning for us. It symbolizes the community we serve—all of you—as we regard older adults among society’s most treasured assets. It captures the importance of our offerings, precious to those who rely on us. And it represents the immeasurable value of our dedicated staff—true gems—who strive every day to give you the *kavod* (honor) you so richly deserve.

NEWS FLASHES

New Radio Show Life, in Song and Stories: The Marshall Portnoy Show

► Tuesdays | 10:00 am. WWDB AM860

Marshall Portnoy, MLRT cantor, has started a new radio show. The show features a mix of exciting music, interviews with people who make a difference, and lots of participation from listeners.

The show can be streamed on wwdbam.com, and all shows are available 24 hours at the same site.

Kehillah of Lower Merion Presents: Shabbat Across The Main Line

► Friday night, June 1, 2018 | 5-7 pm

Join the community on Friday night, June 1, 2018, 5 - 7 pm, at Ashbridge Park, 1301 Montgomery Avenue, Rosemont. Listen to live Shabbat-themed music for all ages, BYO picnic basket, blankets and chairs, and enjoy the spirit of Shabbat. This program is free for all.

Kaiserman JCC

Get your summer sizzle on with a great work-out at the Kaiserman JCC. From exciting group fitness classes, fully accessible fitness center and a refreshing summer swim club, you're sure to have fun and feel great at the J. FREE to Silver Sneakers and Silver and Fit members. Call 610-896-7770 or email info@phillyjcc.com.

**PROGRAMS IN MEMORY OF
JOSEPH LEVINE**

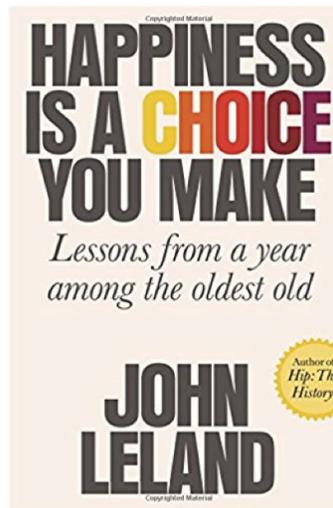
SPONSOR SPOTLIGHT



For people who love the lights, culture and offerings of city life, there's no better place than **The Watermark at Logan Square**. Located in the heart of Center City, with Philadelphia's finest restaurants, museums and cultural events all within easy reach, this retirement residence is the first choice for those who thrive on an abundance of choices. Imagine access to classes, clubs, concerts and cuisine without stepping outside! With elegant dining at The Mark, grab and go meals that are fresh and delicious at the Gallery Café and ever-changing menu selections in our main dining room, dining is the spice of life. Of course, you can always prepare your favorite dishes in your own kitchen if you like. The point is that here, you will have ultimate independence and privacy within a warm and welcoming community of friends. Plus, with a continuity of care available on site, you and your family will enjoy peace of mind every day and all the years ahead, a feeling which simply does not exist when you are living on your own.

From spa treatments to medical appointments, you'll find them right here. Unleashed from the burdens of cooking, cleaning, shopping, driving, home maintenance headaches and property taxes, our residents are free to enjoy life their way, on their own schedule, for a predictable monthly cost. We offer nearly 100 different Watermark University classes every semester, including Painting with Oils and Watercolor, Chair Yoga, Facebook 101, Chocolate Making and so much more. Now that you've imagined life here, pay us a visit, sign up for a free class, or call to learn more about how you'll thrive at The Watermark at Logan Square.

CONSIDER THIS



We recommend a great book to all of you. ***Happiness is a Choice You Make***, by John Leland, a reporter at The New York Times. Mr. Legend spent a year with six New Yorkers all 85 and up and learned some amazing things. Despite coming from different backgrounds and life challenges and some with difficult health of both the body and mind, each lived with a life of joy and contentment. Not the usual how to age gracefully kind of book, surprising and refreshing to read.

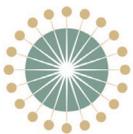
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