

Mail-In Registration
FALL PROGRAM 2022

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

By checking this box, I agree that:

I (we) have been vaccinated for Covid-19. I (we) will not attend the program if I (we) have tested positive for COVID-19, are awaiting test results, or have symptoms of COVID-19. I (we) will not attend the program if I (we) have been exposed to someone who has tested positive for COVID-19. I will contact Greta Wrigley if I test positive for COVID-19 within 10 days of attending a program.

Signature _____

ZOOM PROGRAMS

- TED Talks: The Greatest Hits \$38
- Jewish Escape from WWII Europe \$38
- Ancient Egypt: Food, Mummies, Tomb of Tutankhamun & Movies \$58
- Saturday Night Life \$58
- Virtual Tour: Jewish Melbourne \$36

**IN PERSON PROGRAMS
(Thursdays at Shir Ami)**

- Wellness Series: To A Happier, Healthier You \$58
- Icons of the Entertainment World \$58

PAYMENT (Total Amount Enclosed) \$

Mail completed form with payment to:
Golden Slipper Gems in Bucks County
257 E. Lancaster Avenue, Suite 200 • Wynnewood, PA 19096

Please make checks payable to: Golden Slipper Gems

Or register online at: goldenslipperslips.org

Questions? Call Greta Wrigley at 267-984-0722

Register and pay for courses via credit card on-line.

Credit cards not taken on location, only on-line.

Go to: GoldenSlipperGems.org

Covid-19 Information

Proof of vaccination required to attend in-person classes.

Vaccination is required for all Gems staff and instructors. Program offerings may change if the Covid-19 situation changes.

Cancellation

When appropriate, Golden Slipper Gems will issue a credit, not a refund. If a class is canceled due to weather or emergency, a make-up class will be offered via Zoom.

Guests

For out-of-town guests you can purchase a class for \$10. Guest passes cannot be purchased in lieu of registration.

Credit

Credit will not be given after the first day of classes except in the event of illness or injury. Written documentation from a physician is required.

Class Location

Shir Ami
101 Richboro Road | Newtown, PA

Check your emails frequently to stay up to date on any program changes due to Covid-19!

Secure Our Future!

Family comes first but please consider leaving a bequest to Golden Slipper Gems by adding us to your will.

Please call Moriah SimonHazani at 610-359-8632.

**Program Sponsor
Bernard and Etta
Weinberg Fund**



In Bucks County

Program Manager:

Greta Wrigley
267-984-0722 or
gWrigley@goldenslipper.org

**Enrichment
for Older Adults**

GoldenSlipperGems.org
LIKE us on Facebook

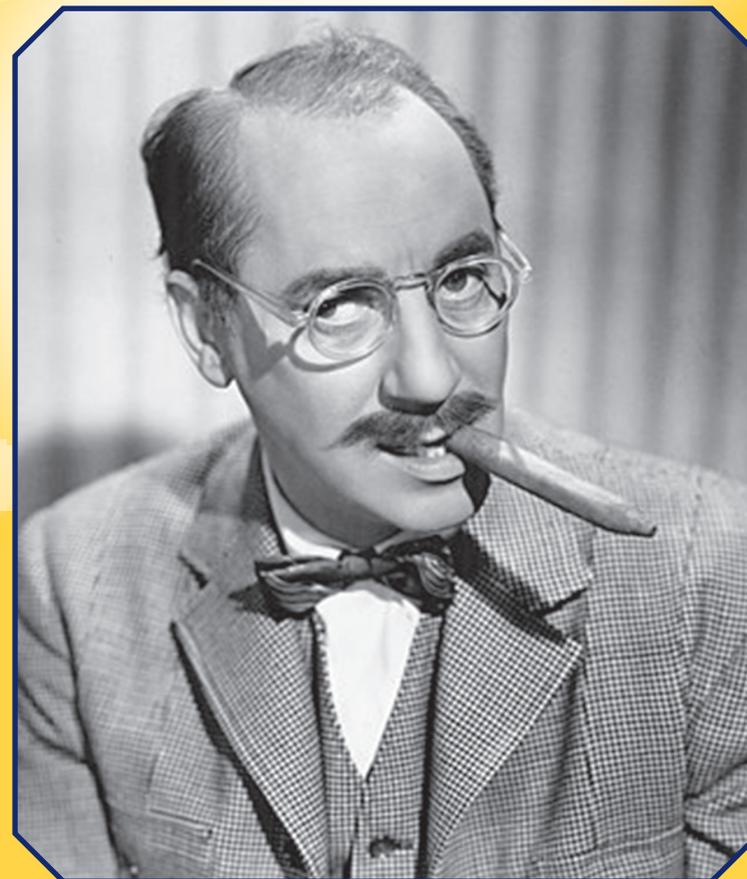


FALL PROGRAM

2022



In Bucks County



**Enrichment
for Older Adults**

GoldenSlipperGems.org
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Welcome to our Fall ZOOM PROGRAMS

4 MONDAYS October 31 - November 21
TED TALKS: THE GREATEST HITS



11-12PM | COURSE FEE \$38
Instructor: Lettie Switzer, Adjunct College Music Instructor, Former Director, Gems Bucks County

TED talks give us a glimpse into big subjects in just 10 or 20 minutes of time. We can learn from some of the greatest minds from

all around the world about anything, from cutting edge technology to the psychology of human emotions to the arts. Join us for this series as we watch and discuss some of the best loved and most intriguing TED talks.

4 MONDAYS October 31 - November 21
JEWISH ESCAPE FROM WWII EUROPE



1:30-2:30PM | COURSE FEE \$38
Instructor: Steve Pollock, Performer, Director and Actor

Eighty years ago in October 1942, countless Jews were murdered in death camps. It was one of the darkest times in the Holocaust, the Nazi machine working in full force. This class

will present an overview of the avenues Jewish refugees were able to take from 1933 to 1945, in order to escape the German onslaught on Europe. The course includes a look at the rescue in the Philippines, Sweden, Sosua (Dominican Republic), the Shanghai Ghetto, Palestine, and more.

6 WEDNESDAYS October 12 - November 16
ANCIENT EGYPT: FOOD, MUMMIES, TOMB OF TUTANKHAMUN AND MOVIES



10-11AM | COURSE FEE \$58
Instructor: Dr. Stephen Phillips, Curatorial Research Coordinator, Egyptian Section, Penn Museum

This course will explore several topics in relation to ancient Egypt. We'll talk about the diet of the ancient Egyptians, based on archeology as well

as how many of Egypt's food groups eventually spread into the Mediterranean world of ancient Greece and ancient Rome. This class will also discuss why ancient Egyptian mummies hold such a fascination in popular culture through the history of Western civilization's centuries-long interaction with ancient Egypt's human remains. We'll celebrate the 100th anniversary

of one of the greatest archaeological discoveries of all time, The Tomb of Tutankhamun. Hidden in the famed Valley of the Kings, burial place of Egypt's New Kingdom pharaohs, the tomb had laid nearly undisturbed for over 3,000 years until its discovery by an English archaeologist, Howard Carter.

6 WEDNESDAYS October 12 - November 16
SATURDAY NIGHT LIVE



11:15-12:15PM | COURSE FEE \$58
Instructor: Leila Joffe, American Conservatory Theater, AFTRA, SAG, Actors Equity

Saturday Night Live has entertained audiences for over four decades. In this course, we will look back at the great performers whose career took off due to their popularity on the show. This course will leave you laughing and learning at the same time!

THURSDAY November 10
VIRTUAL TOUR TO JEWISH MELBOURNE



7:00-8:00PM | COURSE FEE \$36
Instructor: Sharon Swiatlo, Tour Guide and Proud First Generation Aussie

Our journey around the world continues as we travel virtually to Melbourne, Australia. The first Jews known to have come to Australia arrived as convicts transported in 1788. The first organized synagogue was established in Melbourne in 1841. From 1938 to 1961, the Jewish population almost tripled in size to 61,000 Jews. Today, more than 100,000 Jews live in Australia; many of them are descendants of Jewish refugees and Holocaust survivors. Although Jews are only 0.5% of the Australian population, they are part of public life. The current Governor of Victoria is Linda Dessau, the first woman and first Jew to serve in the position. Our virtual tour will incorporate a trip to the new Jewish quarter that is being built - the new Jewish museum, Holocaust Centre. We hope to meet along the way some interesting personalities in the community, from a much-loved Yiddish singer and actress who will talk about the resurgence of Yiddish culture, to a Rabbi who runs a Chabad house in North Queensland and travels around the outback to visit Jews in the most remote places. We will also hear a brief history of the establishment of Melbourne and Australia as a penal colony.

IN-PERSON PROGRAMS

6 THURSDAYS October 13 - November 17
WELLNESS SERIES: TO A HAPPIER, HEALTHIER YOU



10-11AM | COURSE FEE \$58
Instructor: Dan Surkin, Certified Senior Advisor and Owner/Operator, ComForCare Senior Services

Are you looking to lower your stress level and blood pressure? Join us for this unique 6-week course on the benefits

of living mindfully. Learn practical tools to help us live a longer, healthier life with more clarity and a sense of well-being. This course is thoughtfully designed to introduce step by step *about* mindfulness as well as *doing* it. These simple approaches can help relieve pain, reduce the stress hormone cortisol, lower blood pressure, minimize shrinkage of the brain that normally occurs with aging, increase cognitive functions, and improve mood. Topics include what mindfulness is and how it works, the scientific research and its benefits, training in attention and awareness, taming your busy mind, common challenges and remedies, and practical steps in your daily life

6 THURSDAYS October 13 - November 17
ICONS OF THE ENTERTAINMENT WORLD



11:15AM-12:15PM | COURSE FEE \$58
Instructor: Stuart Liss, Professor of History and Filmology

For over 100 years, the entertainment industry has been captivating Americans and the rest of the world with great talents and sensational cinema. This light and exciting 6-part series focuses on six unforgettable talents who made their mark in different ways, and can never be forgotten. Their names alone conjure up images of their work and genius. Personalities include Lauren Bacall, Hedy Lamarr, Paulette Goddard, Sammy Davis Jr., Peter Lorre and Groucho Marx. This course will provide fun and fascinating insights into their public work, and more often than not, their more interesting private lives! We invite you to sit back as we go and take a walk down memory lane.