

HYBRID PROGRAMS

6 TUESDAYS April 18 – May 23

5, 6, 7, 8: DANCING THROUGH HISTORY

10AM - 11AM | COURSE FEE \$58



Instructor: Norma Porter, MA, Arts Administrator, Dance Artist, Educator, Writer



This course will take participants through the exciting histories and present-day trends of three major dance techniques - Ballet, Modern, and Jazz/Broadway dance in a series of lectures, video footage and photographs. People from different cultures and generations contributed to the way in

which dance functions in today's society and how art elevates the human experience. Learn about the fascinating and aristocratic history of ballet in Europe and how centuries later groundbreaking American choreographers like Alvin Ailey created dances that were "for the people".

6 TUESDAYS April 18 – May 23

HISTORY OF PHILADELPHIA

11:15AM - 12:15PM | COURSE FEE \$58



Instructor: Jim Segrave-Daly, Local Historian



Join us for a discussion of Philly's history, from the establishment of the colony of New Sweden in 1638 to William Penn's founding of one of the most important cities and colonies in North America.

5 WEDNESDAYS April 19 – May 24 (NO CLASS MAY 10th)

DISNEY AT 100: A LEGACY OF MAGIC

1:30PM - 2:30PM | COURSE FEE \$49



Instructor: David Greenberg, Associate Professor, University of the Arts and Drexel University



This year marks 100 years since the official date of the creation of the Walt Disney Company. We all know Disney the brand but few of us know much about Disney the man. This series will take a look at Walt Disney, where he came from, how his background shaped the films he produced, and how his legacy has emerged since his passing.

MONTHLY BOOK CLUB MEETINGS ON ZOOM

Check our website for more information

April: *The Memory Monster*, by Yishai Sarid

May: *Shanda: A Memoir of Shame and Secrecy*, by Letty Cottin Pogrebin

June: *Interior Chinatown*, by Charles Yu



Policies

Covid-19 Information

Proof of vaccination required to attend in-person classes.

Vaccination is required for all Gems staff and instructors.

Program offerings may change if the Covid-19 situation changes.

Cancellation

When appropriate, Golden Slipper Gems will issue a credit, not a refund.

Credit

Credit will not be given after the first day of classes except in the event of illness or injury. Written documentation from a physician is required.

Registration

Please visit

GoldenSlipperGems.org, click "Locations" and go to "Main Line" to register.

Couples or friends: It is required that each individual of a couple or friends register separately.

Payment: Registration by credit card via our website. Checks may be mailed to our office if preferred.



GOLDEN SLIPPER

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On the Main Line

Golden Slipper Gems is a great place to connect with friends and meet new people. Our diverse speakers will stimulate your passion for learning and you'll keep returning to sample all that we have to offer.

Learn more at [GoldenSlipperGems.org](https://www.GoldenSlipperGems.org)!

Program Manager

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SPRING PROGRAM

2023



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WELCOME TO GOLDEN SLIPPER GEMS SPRING PROGRAM 2023

ZOOM PROGRAMS

6 MONDAYS April 17 – May 22
ELIJAH: THE AMAZING PROPHET WHO DIDN'T DIE, AND STILL LIVES

10 - 11AM | COURSE FEE \$58

Instructor: Rabbi Stephen Karol, Rabbi Emeritus Temple Isaiah, Stony Brook, New York



This course will explore the themes of why Elijah The Prophet appears in only eight chapters in the Hebrew Bible, but his importance and influence extend far beyond it. He is "There" at the end of every Sabbath, has his own cup at every Passover Seder, has a seat reserved for him at every Bris, is the subject of many stories, and will be "There" when the Messiah comes. His greatness is constantly emphasized in Judaism and he takes on a supernatural quality that defies logic but inspires belief.



6 MONDAYS April 17 – May 22
THE ENERGY OF POLITICS

11:15AM - 12:15PM | COURSE FEE \$58

Instructor: Dr. Mark Thomas, Assistant Professor, LaSalle University



This course will examine how energy influences and is used by governments to drive domestic and foreign policy. We will begin by looking at the politics surrounding fossil fuels and how resource-rich countries, like Saudi Arabia and Russia (Soviet Union) used energy both as a carrot and a stick to influence domestic politics in other countries. We will explore the strategic importance of energy and the development/importance of strategic energy reserves. Finally the course will examine the politics surrounding the environment and energy sector as well as the move toward renewable sources of energy. Discussion on nuclear power as it impacts nuclear proliferation as well as nuclear events will also be included.



6 TUESDAYS April 18 – May 23

MINDFULNESS: BEGINNERS & ADVANCED BEGINNERS

1:30 - 2:30PM | COURSE FEE \$58

Instructor: Grady (Henry) Bates, Adjunct Instructor, Mindfulness Institute At Jefferson Hospital



The course will cover the basics of mindfulness practice, including the history and philosophy of mindfulness, the science behind it, and the practical application of mindfulness in everyday life. We will explore the benefits of mindfulness, such as improved concentration, stress reduction, and increased self-awareness. We will also discuss how to cultivate a regular mindfulness practice and how to integrate mindfulness into our lives. Grady will provide guidance and support throughout the course as well as resources and materials to help members deepen their practice.



6 THURSDAYS April 20 – May 25

A MUSICAL TOUR OF REMAKES, RETELLINGS, AND ADAPTATIONS

10 - 11AM | COURSE FEE \$58

Instructor: Lettie Switzer, Adjunct College Music Instructor, Former Director of Gems in Bucks County



The original is always best, right? Or does a modern spin on a classic give fresh life to an old and outdated tale? In this class we will compare various versions of stage and film musicals: originals, remakes, retellings, and adaptations. We will watch, side by side, scenes of multiple versions of musicals such as West Side Story, Sweeney Todd, Annie, and Cinderella, as well as compare shows that are adaptations of the same story such as Miss Saigon and Madam Butterfly. We will listen to original Broadway and London casts perform, and see how revival casts measure up in their interpretations of shows such as Les Miserables and Spring Awakening. We will focus on the different voices, the acting, the costumes, the sometimes subtle and sometimes drastic changes to the script and storyline. What makes one version better or worse than another? You will be the judge!



SPECIAL CLASSES In honor of Israel's 75th

2 THURSDAYS

April 20 & 27 | 1:30 - 2:30PM | FEE \$20

THE ISRAELI DAYS OF AWE

Instructor: Rabbi Moriah SimonHazani, Golden Slipper Gems Executive Director



The days between Yom Ha'Shoah and Yom Ha'Atzmaut are sometimes called in Israeli society, *The Days of Awe*. These are Israel's national holidays and they are commemorated in homes as well as in the public sphere. The music on the radio is somber, the conversation is focused inward, and it is the time to remember those who are not here anymore. In these two sessions we will explore some of these themes through poetry, short films and works of art.



6 THURSDAYS

April 20 - May 25 | 11:15AM-12:15PM | COURSE FEE \$58

SPECIAL POLITICAL AFFAIRS: 75 YEARS OF INDEPENDENT GOVERNMENT AND POLITICS IN ISRAEL: SUCCESSES AND CHALLENGES

Instructor: Dr. Zeev Khanin, Bar-Ilan University and Former Chief Scientist, Israeli Ministry of Aliya and Integration



Dr. Khanin will address topics such as historical roots of contemporary Israeli government and immigration waves and its role in the formation of Israeli society and politics. He will discuss the political party system in the contemporary Jewish State and touch upon the Israeli society and the Arab-Israeli conflict. He will examine the Israeli political system from a semi-to-liberal democracy angle, while focusing on the constitutional debate and parliamentarism, as well as civil society in Israel.



IN-PERSON PROGRAMS

6 MONDAYS April 17 – May 22

ACRYLIC PAINTING - MIX, MATCH AND ACCEPT

1:30 - 2:30PM | COURSE FEE \$75

Instructor: Elena Drozdova, Artist



Elena is back by demand and teaching a course where participants will experiment, hands on, with acrylic paint on Yupo Paper. We will discover how to use the basic techniques of acrylic painting: blending and texturizing. Together we will learn about the secrets of unlikely combinations of dense and fluid colors and use them in paintings against all odds. This course requires no prior experience or skills. Materials included.



6 WEDNESDAYS April 19 – May 24

THE GREAT OUTDOORS: SPRING EDITION

10 - 11AM | COURSE FEE \$58

Instructor: Orit Dolgushev, MSW, Gems ML Manager



Each week, we will meet at a different destination. Members arrive on their own. We will visit places such as The Barnes Arboretum at St. Joseph University, Chanticleer Garden, Shofuso Garden, and more. We will enjoy visiting and revisiting the sites during the spring season. We will breath fresh air, get physical exercise, and socialize with new and existing members. Weather permitting.



SPECIAL IN-PERSON EVENT!

Thursday, May 4 | 1:00 - 3:30PM | COURSE FEE \$28

LUNCH & LEARN

SUSTAINABILITY: WAYS TO MINIMIZE WASTE: SMALL STEPS TOWARDS A BIG GOAL

Co-owners Kimberley Bezak (OT) and Eleisha Eagle (touring pianist/singer/songwriter) of Shift, a sustainable goods and services store, will do an in-store presentation exclusive for Gems! They will provide participants with an introduction to low-waste living, focusing on the basic principles, and then highlight simple daily shifts that can be implemented to lighten our impact on the planet. After Q&A, there will be a brief tour of the re-fillery. Please join us for a light and delicious lunch at the restaurant Nana's Kitchen, before the event.